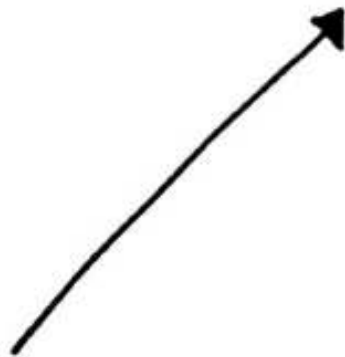


Expectations



Reality



Finding Career Clarity

How to figure out what you want to
be when you grow up

Libby Simon, Owner, Clear View Coaching and Consulting



I'm Libby

Clear View Coaching and Consulting



Certified Career Transition Coach



15+ Years of HR Experience



Advocate for you





Our Talk Today

Mindset Matters
Looking at the Past
Evaluating the Present
Playing Devil's Advocate
Getting Tactical
Taking Action

YOU'RE NOT ALONE

People change jobs an average of
12 times in their lives
- bureau of labor statistics.

80% OF PEOPLE ARE STRESSED AND UNHAPPY AT WORK

48% OF PEOPLE DON'T EVEN LIKE THEIR JOBS AT ALL.

01
MICROMANAGEMENT

02
LACK OF
PROGRESS

03
COMPANY
CULTURE

04
WRONG FIT

05
BOREDOM



SAY WHAT?

What are you telling yourself?



CONFIDENCE

If you doubt yourself, employers will also



YOUR SKILLS TRANSFER

You have so many tools to draw from
based on past experience

**MINDSET
MATTERS-**

**You're not
starting over**

**You're starting
differently**

*It's good to look back...
Just don't get stuck there.*

- What are you most proud of?
- What **has** worked for you before?
- What **hasn't** worked?
- Why?
- What themes do you see?



LOOK
TO THE
PAST





- What do you want at this point in your life?
- Consider Your:
 - Strengths
 - Interests
- What needs do these things fill?

THESE THINGS COMBINE TO BE YOUR X FACTOR

Play Devil's Advocate

LOOK AT INDUSTRIES/ROLES
AGAIN

What other options are there?

WHY DIDN'T THAT WORK
BEFORE?

Be specific. Identify the root cause

WHAT MIGHT WORK NOW?

Your skills, interests, and life situation
are different now

Tactical Moves

1. How does your social media look?
2. Where will you network?
3. Check out others' career journeys
4. Watch out for the rabbit hole
5. Job Search
 - a. Resume
 - b. Interview





Take Action

1. Define your career goals
2. Break them down so they're achievable
3. Who will you talk to about it?
4. How will you maintain momentum?
5. What will you do when things take a detour?
6. What's **ONE THING** you will do **THIS WEEK** to make progress?

1. Mindset Matters - What thoughts are you having around a career change?

2. Look to the Past - what are you most proud of? What worked for you? What didn't work?

3. Evaluate Your Present - What do you really want NOW, for the life stage you're at?

4. Play Devil's Advocate? What do you need to challenge yourself on? What things can you reconsider?

5. Getting Tactical - How's your social media looking? Where will you network?

6. Taking Action? What will you do this week to move forward?

Let's Stay Connected



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